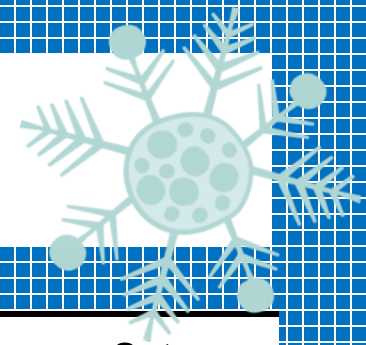




January Snack Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Ages 1-2 Grain 1/2 oz Veg/Fruit 1/2 cup Juice/Water 1/2 Cup	1 Center Closed In Observance of New Year	2 Pretzels Bananas	3 Snack Mix Apples	4 Goldfish (WG) Juice	5 Chips & Salsa Fruit Salad	**This institution is an equal opportunity provider**
Ages 3-5 Grain 1/2 oz Veg/Fruit 1/2 cup Juice/Water 1/2 Cup	8 Carrots & Ritz Crackers (WG) Juice	9 Goldfish Apples	10 Cheez-it Oranges	11 Animal Crackers Applesauce	12 Cereal Mix Fruit Salad	*WG- Whole Grain
Water is served with every snack unless otherwise stated	15 Animal Crackers Oranges	16 Saltines Cucumber w/ ranch	17 Snack Mix w/ Carrots	18 Graham Crackers (WG) Pears	19 Wheat Thins (WG) Fruit Salad	
	22 Cereal Mix (WG) Juice	23 Cheez-it Bananas	24 Chips & Salsa Apples	25 Wheat Thins (WG) Oranges	26 Saltines Fruit Salad	
	29 Wheat Thins (WG) Oranges	30 Pretzels Bananas	31 Snack Mix Apples			

