



January Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Ages 1-2 Grain 1/2 oz Meat 1 oz Veg 1/8 cup Fruit 1/8 cup Milk 1/2 cup	1 Center Closed In Observance of New Year	2 Ziti (WG) w/ Turkey Peas & Carrots Applesauce	3 Baked Beans w/ (WG) Toast Green Salad Peaches	4 Beans & Spanish Rice Burritos (WG) Corn Pears	5 Turkey & Cheese Wrap (WG) Mixed Veggies Applesauce	**This institution is an equal opportunity provider**
Ages 3-5 Grain 1/2 oz Meat 1 1/2 oz Veg 1/4 cup Fruit 1/4 cup Milk 3/4 cup	8 Macaroni & Cheese (WG) w/Ground Turkey Green Salad Pears	9 Turkey Slider (WG) Peas Applesauce	10 Chicken Noodle Soup w/ Peas Peaches	11 Mini Cheese Pizza w/ Turkey (WG) Corn Pineapple	12 Grilled Turkey Cheese Sandwich (WG) Mixed Veggies Apples	**Whole, unflavored, milk is served to children 1 year of age** **1 %, unflavored , milk to all children 2 years of age and older **
	15 Spaghetti (WG) w/Ground Turkey Salad Mandarin Oranges	16 Chicken Macaroni Salad Peas Pineapple	17 Turkey Lasagna (WG) Corn Mandarin Oranges	18 Chicken Fideo Soup w/ (WG) Toast Peas & Carrots Apples	19 Turkey Tacos Spanish Rice Mixed Veggies Pear	*WG= whole grain
	22 Chicken Fettuccini Alfredo (WG) Salad Pineapple	23 Bean & Cheese Burritos (WG) Steamed Carrots Applesauce	24 Chicken Quesadilla Spanish Rice Corn Pears	25 Sloppy Joes Peas Apples	26 Grilled Turkey & Cheese Sandwich (WG) Mixed Veggies Mandarin Oranges	
	29 Bean & Cheese Tostada Corn Apples	30 Ziti (WG) w/ Turkey Peas & Carrots Applesauce	31 Baked Beans w/ (WG) Toast Green Salad Peaches			