

July Breakfast Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Ages 1-2 Grain 1/2 oz Veg/Fruit 1/4 cup Milk 1/2 cup	1 Cinnamon Toast (WG) Peaches	2 Cereal (WG) Bananas	3 Waffles (WG) Apples	4 Observed Holiday Independence Day (No School)	5 Pancakes (WG) Pears	**This institution is an equal opportunity provider**
Ages 3-5 Grain 1/2 oz Veg/Fruit 1/2 cup Milk 3/4 cup	8 Cereal (WG) Pears	9 Pancakes Apples	10 Cereal (WG) Bananas	11 Waffles (WG) Peaches	12 Toast (WG) w/Jelly Applesauce	*WG=Whole Grain
Whole, unflavored, milk is served to children 1 year of age **1 %, unflavored , milk to all children 2 years of	15 Biscuit (WG) w/ Jelly Peaches	16 Cinnamon Toast (WG) Pineapples	17 Pancakes (WG) Applesauce	18 Bagels (WG) w/ Cream Cheese Pears	19 Cereal Mandarin Oranges	
	22 Bagel (WG) w/ Cream Cheese Peaches	23 Cereal (WG) Mandarin Oranges	24 French Toast (WG) Pears	25 Cinnamon Toast (WG) Peaches	26 English Muffin (WG) w/ Jelly Oranges	
	29 Cinnamon Toast (WG) Peaches	30 Cereal (WG) Bananas	31 Waffles (WG) Apples			

